



WINTER SPRINGS HIGH SCHOOL OFFICIAL ATHLETIC DEPARTMENT SCHEDULE Boys & Girl's Swimming 2023

<i>Date</i>	<i>Opponent</i>	<i>Site</i>	<i>Time</i>
Mon 8/28	Preseason Time Trials	Lyman HS	5:00
Wed 9/6	Lyman/Lake Mary	Lyman HS	Warm up 3:00 Meet 3:30
Wed 9/13	Lyman/ East River	Lyman HS	Warm up 3:00 Meet 3:30
Wed 9/20	Oviedo HS/ Lyman	Oviedo Aquatic Center	Warm up 2:30 Meet start 3:00
Friday 9/22	Lake Brantley/Flagler	Lake Brantley HS	
Saturday 9/23	Patriots Invitational	Lake Brantley HS	8-1am and 5-7pm
Wed 9/27			
Mon 10/2	Master Academy	Lyman Pool Senior Night	4:30 warm up 5:00 start
Mon 10/09	Lake Howell HS	Lake Howell HS	TBA
Wed 10/11	Conference Swim and Diving	Seminole HS	
TBA 10/23-10/28	3A District 4 Meet	TBA	TBA
11/3/23	3A Region 2 Meet	Long Center St Petersburg	11:00 am
11/11/23	3A State Finals	FAST Ocala	8:00 am

Girls Head Coach:

Kimberly Weinberg: [Kimberly weinberg@scps.us](mailto:Kimberly_weinberg@scps.us)

Boys Head Coach:

Gabe Parnell: Parnelgt@scps.us

Principal: Mr. Peter Gaffney
Athletic Director: Coach Scott Gomrad
Head Trainer: Dr Heather White

